See “How to decrease your FS Carbon Footprint” for more information

This is a starting point only. Adapt this table to the needs of your group eg use photos instead of words. 3 suggested uses:

- To inform your own practise
- Pupils can use whole table to “audit” their FS, colouring in appropriate squares, and discussing how they can decrease their carbon footprint
- Use individual sets of comparisons as basis for Carbon Games

Some of the smallest footprint ideas are tongue in cheek, to get you thinking. The entries with the largest footprints are generally unnecessary and easy to refuse altogether.

<table>
<thead>
<tr>
<th></th>
<th>Footprint</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Walking</td>
</tr>
<tr>
<td>Travel to FS</td>
<td>short drive</td>
</tr>
<tr>
<td></td>
<td>long drive</td>
</tr>
<tr>
<td></td>
<td>Very long drive</td>
</tr>
<tr>
<td>Coats and boots</td>
<td>Second hand</td>
</tr>
<tr>
<td></td>
<td>Buy good quality; extend life by drying &amp; cleaning</td>
</tr>
<tr>
<td></td>
<td>Cheap kit; lack of care shortens life</td>
</tr>
<tr>
<td>First Aid Kit. Sanitary towels</td>
<td>Purchasing constrained by H&amp;S. Use out of date kit personally and for group first aid practises; fluffed up lint makes great tinder. Sanitary towels should be boxed and returned to school for disposal, unless you have a secure compost toilet and use Natracare</td>
</tr>
<tr>
<td>soap</td>
<td>Block soap</td>
</tr>
<tr>
<td></td>
<td>Bulk buy biodegradable liquid &amp; refill old bottles</td>
</tr>
<tr>
<td></td>
<td>Small bottles biodegradable liquid</td>
</tr>
<tr>
<td></td>
<td>Wet wipes</td>
</tr>
<tr>
<td></td>
<td>Non - biodegradable liquid</td>
</tr>
<tr>
<td>towels</td>
<td>Wave hands in air -also more hygienic!</td>
</tr>
<tr>
<td></td>
<td>Cloths, washed weekly</td>
</tr>
<tr>
<td></td>
<td>Paper towels</td>
</tr>
<tr>
<td>Toilet rolls</td>
<td>Newspaper squares!</td>
</tr>
<tr>
<td></td>
<td>Recycled / FSC</td>
</tr>
<tr>
<td></td>
<td>normal</td>
</tr>
<tr>
<td></td>
<td>Padded, scented, plastic boxes</td>
</tr>
<tr>
<td>water</td>
<td>Collect rain water</td>
</tr>
<tr>
<td></td>
<td>Pupils carry minimum tap water and use wisely. Save spare for next week</td>
</tr>
<tr>
<td></td>
<td>Leaders provide excess, pupils allowed to waste</td>
</tr>
<tr>
<td>Water carriers</td>
<td>Re-use old milk and water bottles</td>
</tr>
<tr>
<td></td>
<td>Buy good quality and treat well</td>
</tr>
<tr>
<td></td>
<td>Misused and often replaced</td>
</tr>
<tr>
<td>Wash up brush</td>
<td>Make your own from twigs and sisal</td>
</tr>
<tr>
<td></td>
<td>Bought, Natural materials</td>
</tr>
<tr>
<td></td>
<td>Bought, plastic</td>
</tr>
<tr>
<td></td>
<td>Brillo pads and plastic sponges</td>
</tr>
<tr>
<td>Washup liquid</td>
<td>Bulk buy biodegradable liquid &amp; refill old bottles. Mix with 50% water</td>
</tr>
<tr>
<td></td>
<td>Small bottles biodegradable liquid Mix with 50% water to use less</td>
</tr>
<tr>
<td></td>
<td>Normal liquid</td>
</tr>
<tr>
<td>bowls and buckets</td>
<td>Reuse old containers (ask school kitchens)</td>
</tr>
<tr>
<td></td>
<td>Buy metal bowls - last longer than plastic</td>
</tr>
<tr>
<td></td>
<td>Buy good quality plastic to last</td>
</tr>
<tr>
<td></td>
<td>damaging containers</td>
</tr>
<tr>
<td>Fires &amp; fuel</td>
<td>Use a Firewok; use fuel sparingly - just enough; buy Sustainable charcoal</td>
</tr>
<tr>
<td></td>
<td>Use a wok, Dry seasoned sustainable wood</td>
</tr>
<tr>
<td></td>
<td>Lots of wet, fresh unsustainable wood or Too much deadwood</td>
</tr>
<tr>
<td>Fire lighters</td>
<td>MYO – silverbirch bark, old candlewax in newspaper</td>
</tr>
<tr>
<td></td>
<td>Fire bow and natural tinder</td>
</tr>
<tr>
<td></td>
<td>Sugar &amp; cooking oil in emergency. Sparker / natural tinder</td>
</tr>
<tr>
<td></td>
<td>Envirofiendly - supplier?? Matches / paper</td>
</tr>
<tr>
<td></td>
<td>Avoid petroleum based firelighters &amp; Fuel based lighters</td>
</tr>
<tr>
<td>Fire gloves</td>
<td>Buy good quality &amp; treat well</td>
</tr>
<tr>
<td></td>
<td>Drop in mud or fire</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th><strong>Fire blanket</strong></th>
<th>Old wool one, dampened</th>
<th>Plastic and treat well</th>
<th>Misuse and replace</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Baking</strong></td>
<td>Old (enamel) metal dishes with lids</td>
<td>Biscuit tins lined with green twigs</td>
<td>tinfoil</td>
</tr>
<tr>
<td><strong>Fire irons, Pans, grills</strong></td>
<td>Reuse old second hand ones</td>
<td>Buy good quality and store dry to last longer</td>
<td>Decrease life by allowing to rust</td>
</tr>
<tr>
<td><strong>Kitchen utensils &amp; boards</strong></td>
<td>MYO!</td>
<td>Buy local / FSC wood</td>
<td>Good Quality Metal / Good quality Plastic</td>
</tr>
<tr>
<td><strong>sharp knives, graters etc</strong></td>
<td>Buy good quality and store dry to last longer</td>
<td>Decrease life by allowing to rust</td>
<td></td>
</tr>
<tr>
<td><strong>Cutlery</strong></td>
<td>MYO!</td>
<td>Good Quality Plastic</td>
<td>Recyclable cornstarch / paper</td>
</tr>
<tr>
<td><strong>Bowls, cups</strong></td>
<td>Metal, FSC wood, bamboo?</td>
<td>Avoid disposable plastic</td>
<td></td>
</tr>
<tr>
<td><strong>Snacks, Soft drinks</strong></td>
<td>MYO popcorn, (dried) fruit (bulk buy organic). Bulk buy concentrated juice, use cups</td>
<td>Refill personal bottles</td>
<td>disposable cartons, cans, crisps, sweets, especially in plastic tubes!</td>
</tr>
<tr>
<td><strong>coffee, tea, sugar, hot chocolate, Milk, butter, bread, veg</strong></td>
<td>Bulk buy organic Fair-Trade or Local, minimum packaging</td>
<td>Buy small amounts, local, organic, minimum packaging, Fair Trade</td>
<td>Non local / organic, unfair trade, small containers</td>
</tr>
<tr>
<td><strong>Rubbish &amp; Waste food</strong></td>
<td>Reduce overall waste. Recycle if possible. Compost peelings / leftovers</td>
<td>Lots of waste, all goes into landfill, including food scraps</td>
<td></td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td>Cook local, organic, unpackaged vegetables</td>
<td>Cook foreign processed vegetables save local organic meat for celebrations</td>
<td>Modified packed lunch – Ask school kitchen to reduce packaging / re-use containers</td>
</tr>
<tr>
<td></td>
<td>Demonstrate prep to minimise wastage</td>
<td></td>
<td>Normal packed lunch. Highly packaged, foreign refrigerated meat and vegetables. Waste lots in preparation</td>
</tr>
<tr>
<td><strong>Tarps and covers</strong></td>
<td>Re-use old eg lorry covers, tents etc</td>
<td>Buy good quality, maintain and mend to extend life</td>
<td>Treat badly and replace often</td>
</tr>
<tr>
<td><strong>signs</strong></td>
<td>Wood</td>
<td>paper</td>
<td>wallets</td>
</tr>
<tr>
<td><strong>Cameras</strong></td>
<td>Digital; solar rechargeable batteries</td>
<td>Digital; normal rechargeable batteries</td>
<td>Film Disposable batteries</td>
</tr>
<tr>
<td><strong>Tools</strong></td>
<td>Buy second hand</td>
<td>Buy good quality; use appropriately and maintain well</td>
<td>Poor quality, misused, replaced often</td>
</tr>
<tr>
<td><strong>oil</strong></td>
<td>Environmentally friendly?</td>
<td>3-in-1 cans</td>
<td>WD40 aerosols</td>
</tr>
<tr>
<td><strong>Craft stuff</strong></td>
<td>Reduce paper, use card from cereal boxes</td>
<td>Natural twigs</td>
<td>lollipop sticks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>plastic</td>
</tr>
<tr>
<td><strong>attaching</strong></td>
<td>Pegs, recycled wire, Sisal, natural string, Enviro friendly glue?</td>
<td>PVA glue, pipe cleaners</td>
<td>double sided sticky tape, sellotape, cable ties, pritt</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Plastic string</td>
</tr>
<tr>
<td><strong>colouring</strong></td>
<td>Use natural materials to make colours</td>
<td>Environmentally friendly suppliers?</td>
<td>Wax / pencil crayons</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>felt tips</td>
</tr>
<tr>
<td><strong>decorating</strong></td>
<td>Collect natural treasures; foster appreciation for the natural.</td>
<td>Recycle ribbons, tinsels, wool, remnants</td>
<td>Save sparkly manmade spangles for special occasions and be sparing!</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Use lots of man-made, highly processed glitz</td>
</tr>
</tbody>
</table>

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